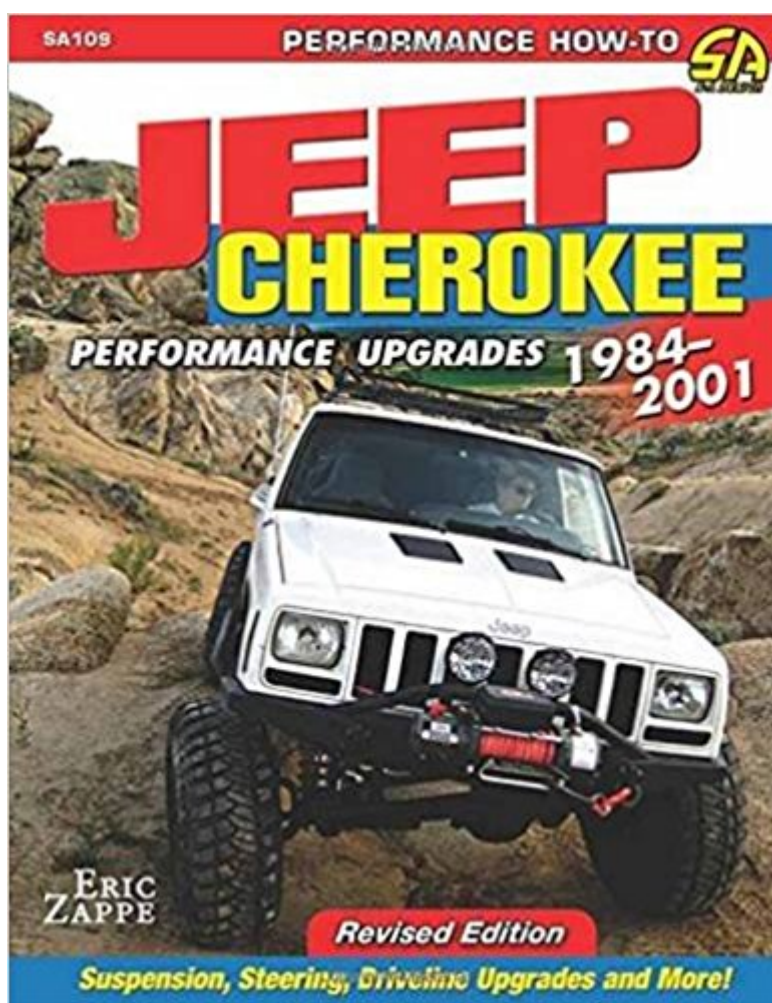


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# Jeep Cherokee Performance Upgrades: 1984-2001 - Revised Edition (Performance How-to)



## Synopsis

The Jeep Cherokee XJ is a pioneering SUV that delivers commendable performance and off-road capability. More than 3 million Cherokee XJs were manufactured during its production run. However, when the XJs rolled off the production lines, they were built primarily for the street. As a result, XJs need crucial modifications and high-performance upgrades to make them better for off-road duty. In this revised edition, author and veteran Cherokee expert Eric Zappe guides you through each stage of an XJ build, so you can take the mild-mannered, bone-stock XJ and upgrade it to a capable off-road performer. Zappe delves into suspension bolt-on improvements, including lift kits to increase ground clearance and suspension travel. He also covers high-performance shocks and long-arm suspensions. Wheels and tires are your vital link to the terrain, and he reveals all of the important considerations so you can select the right combination. XJs need a heavy-duty steering system to negotiate challenging off-road conditions, and Zappe explains several ways to upgrade the steering. Driveline and axle upgrades are an important part of the performance equation, so these improvements are covered as well. But he doesn't stop there; he also explores upgrades for the 2.5-, 2.8-, 4.0-liter engines so the Cherokee has more power for off-road performance. In addition, he covers some basic tips for adding skid plates and body strengthening. If you're ready to go off road with your Cherokee but you're not planning to build a top-dollar off-road machine, this is the book for you. With the techniques and latest products described in this book, you will be able to upgrade your XJ to much higher level of performance and it will be at home both off-road and on.

## Book Information

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## Customer Reviews

"If you plan on building and XJ, this is the book you need to have in your back pocket." (4 Wheel Drive and Sport Utility 2006-07-01)"Filled with good tech, real-world examples of complete XJ builds, and helpful tidbits about your Jeep, the Jeep Cherokee XJ Builder's Guide is a great addition for the flex-box enthusiast." (4 Wheel & Off-Road 2008-03-01)

A book solely dedicated to turning a stock Jeep Cherokee XJ into a trail-worthy machine? Yes! Sure, it has four real doors and you can't take the top off (well, it can), but Cherokee owners know that doesn't make it a cute-ute. With two available 4-wheel-drive systems, solid axles front and rear, and a torquey 4.0-liter straight-6, the Cherokee is a very capable machine, especially when it's modified the right way. This book is about building a useful, capable Cherokee for mountains, mud, desert, street, and everywhere in between. With the modifications explained on these pages, your Cherokee can take you just about anywhere you want to go, and get you back safely. Author Eric Zappe explains how to upgrade your Cherokee's suspension, axles, differentials, engine, transfer case, wheels and tires, skid plates, and more using aftermarket and salvage-yard upgrades. Zappe even has special sections for basic driving and recovery techniques, info on the Comanche pickup, and a number of built-up Jeeps to give you ideas for your own Cherokee.

I have been on the Jeep and Cherokee forums for a long time and this book would have saved me countless hours of weeding through threads. Very informative read for experienced Jeepers and easy to understand for even a complete novice. This book will answer almost all the questions you will have and gives great insight on how to focus your build. A must have for every Cherokee owner

Good solid information on the Cherokee. I had virtually no prior knowledge of the Cherokee before purchasing this book, and I now feel that I have a good foundation to go forward with a mild build. Lots of information about the different options offered throughout the years, and many tips to include cooling and brake upgrades. If you're new to the Cherokee, or looking for mild to serious build ideas then this is a book you'll want to have in your shop library.

Full of great ideas for any XJ. A must for those who want to mod their jeep for the trails! There are

some chapters that may seem boring and unnecessary but for newer XJ owners this book definitely helps.

I'm a former 5.0 Mustang guy coming over to the Dark Side so I was in need of some guidance. This book laid a lot of the basics out for me in an easy to read format. I bought the Kindle edition and was realoy impressed by how well the photos look on my tablet. I will be following much of the advice in this book for my 2001 XJ build.

wonderful book !Have read it several times. Nice to know Imfo on the Jeep Cherokee.

Probably the best book for anyone pushing their Cherokee past stock. Good information throughout.This book will help you go from grocery-getter to a trail-worthy wheeler. If you want to go on beyond that, Eric has another book that will complete your build to hard-core wheeler.

Excellent manual. It explains everything with enough detail to where it's actually understandable.

I like this book great explaining and shows you what to do after you lift your jeep

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